



# GRAND OPENING SPECIALS & EVENTS

*Join us the week of May 1<sup>st</sup> for COFFEE WEEK at Lifestyles!*

We are super excited to re-open our coffee shop with a fresh new look! Join us in our cozy seating area for a cup of Java Moose coffee or your favorite tea any time during our staffed hours!

Drop by during our “Grand Opening” & take advantage of our special **50% off on our COFFEE CARDS!**

Offer valid April 30<sup>th</sup> to May 4<sup>th</sup>

## SPECIAL EVENTS:

**Monday, April 30<sup>th</sup> – FREE coffee & treats during our staffed hours**

**Wednesday, May 2<sup>nd</sup> 11:15 AM “Tea & Talk” with Janice - \$2**

**Friday, May 4<sup>th</sup> 11 AM to 1 PM “Coffee & Cards” with Sherry - \$5**

**IT'S COFFEE TIME!**

Join us in our newly renovated seated area for a cup of java!

We are excited to offer you a relaxing place to drop in and visit or stop by after your workout!

Don't miss our special opening promotions!

## **THE TRAIL STOP COFFEE SHOP**

In the lobby of Lifestyles Health & Wellness Centre  
832-4848

[www.lifestylesfitnessstudio.ca](http://www.lifestylesfitnessstudio.ca)

Open Monday to Saturday

